

New Approach To Homeopathy

An Introduction:

It is a new way of prescribing. The following are its main characteristics.

The Discovery:

Incidentally as is the with classical Homoeopathy Malaria fever has been the cause of the discovery of Revolutionized also. It was in 1970 that a ten years old boy suffered from malaria fever on alternate days since many years.

Besides stupefaction during the fever there were no apparent mental or physical signs of Malaria but the blood test was positive. *Hell.*, *Op.*, and *Stramonium*, the remedies for painlessness of complaints were prescribed without success, he replied that he was feeling well.

The boy remained in bed most of the time. There was absolutely no complaints on his part. Dr. Sehgal consulted the Mind section of Kent's repertory and turned to the following rubrics:

- **INDIFFERENCE**, complaint, does not
- **BED**, remain in, desires to
- **WELL**, says he is, when very sick.

Dr. Sehgal prescribed Hyoscyamus with astonishing results. The boy recovered within a week, although he had two, three milder attacks. He passed loose stools at the end of every attack, five on the first, three on the second and one on the third. After this the recurrence of the fever stopped. There after he tried this method on many patients with tremendous success and never felt the need to revert to any old method.

Mental Symptoms Only

Dr. Sehgal's experience is that the mind symptoms alone can also cure a patient. Even if we completely ignore generalities and modalities. He considered the patient's physical complaints only to evaluate the improvement after the remedy has been given. It will be noticed that Dr. Sehgal has a lot of concurrence with the views of Dr. Kent. Dr. Kent says we treat the man. Man exists in his will and understanding. Supported by his memory. This, in other words, in his mind. The mind is the most sensitive part of a human being. In cases of disease or proving the mind is the first to react. Hahnemann also said, "The mind is the key to man". Dr. Sehgal opines that the term "Innermost in man" found in homoeopathic literature "is nothing else but the mind". Considering the above, one feels convinced that all the physicians, keynotes and generals are not important. This is the reason that Dr. Sehgal only uses mind section of the available repertories. Likewise he never uses the term constitutional remedy.

PRESENT, PREDOMINATING & PERSISTING SYMPTOMS represents the totality of the case.

Dr. Sehgal stresses on present, predominating and persisting mental state instead of all the mind symptoms. Present means, the condition of the patient at the time of case taking. Predominating means, which, is uppermost in the mind of the patient.

Persisting means, history of the patient, something which is trying to settle permanently in the body.

The mind symptoms which have to be taken should belong to the actual expression of the Mind. As for example:

A patient says, "Doctor, please act quick, otherwise I will have this fever for a long time. The rainy seasons is about to begin and although I don't have any logical explanation for my fear I have to tell you that I do suffer every year. Dr. Sehgal converts this explanation into the following rubrics:

- CARRIED, desires to be fast
- FEAR, superstitious

The remedy for this patient is Rhus.Tox.

Another Example:

A patient says "Doctor, last night I had taken wine with rich spicy food and because of that since morning I have stomachache and loose motions. To avoid notice of the family I didn't come in the morning for medicine. Laughingly he continued, this is with me since 2 years but I never take it very seriously. Actually I cannot resist this sort of enjoyment. well Dr. please give me a strong remedy which could give me relief in one day because I have to go to work tomorrow."

Here the rubrics are:

- Superstitious
- Hides, things
- Laughing while speaking when (For Hiding)
- Frivolous
- Carried, desire to be fast
- Business, talks of

The remedy for this patient is Belladonna.

The way the patient experiences his or her disease, the expression of the patient is often the key to the remedy. I believe that this part of Dr. Sehgal's new method, namely the translation of the patient's expression in to the Repertory Language, is his biggest contribution. While using Dr. M.L. Sehgal's method we do not need to have much information about the patient's past history nor we do have to bother about physicals. Therefore, consultation time will decrease by approximately 60%. as a result we can treat more patients with more success.

To me Dr. Sehgal's method seems logical in the sense that it teaches to cut short the details at no cost, assuring maximum certainly in the selection of similimum. To become a prescriber in this way, we have to become familiar with the big stock of rubrics and their precise dictionary meanings to find out exact difference between them.

For Example it will be important to know the equational demarcation between Carefulness, Cautious and Anxiously cautious etc:

Carefulness One can be careful while doing something

Cautious cautious before the event come

Anxiously cautious feels concern to know the cause so as to avoid errors on his parts.

And in the end to learn the art of the real sense conveyed by expression of the patient in to rubrics.

Revolutionized Homoeopathy is Natural Healing:

Dr. Sehgal noticed a direct relation between the Present, Predominating & Persisting mental state of a person and the toxic eliminations from the body. He infers from the first action of the medicine (as stated above) that soon after taking it the body starts regaining which means

restoring of normalcy in the system of assimilation which helps to remove the deficiency normally known as a result of malnutrition.

The 2nd action results as a sequence to the 1st because after getting nutrition the eliminatory process regains the lost efficiency and starts eliminating the toxic matter with due efficiency thus removing the cause of the disease. He infers further that this regulation of both the process of assimilation and the assimilation means enailment of the self healing process or in other words neutral healing. Therefore the body starts healing self.

Curative action of the remedy:

Dr. Sehgal has seen two types of action after the correct remedy. The first action is an amelioration of the general state of the patient. This concerns the general efficiency and the emotional state and the physical problems. This action is permanent which is followed by the second, which is unpleasant but temporary. Ultimately yielding to the first. The second action will be the return of the main complaints accompanied with eliminations from the five natural outlets, i.e. anus, urethra, mouth, nose & skin.

This will last for an odd number of days, i.e. one, three, five or more. the middle day can be the day of the peak. These attacks can be repeated with reduced intensity, duration and frequency but they will lead towards a complete cure. in the this system Dr. Sehgal does not allow Allopathic medicine including pain killers along with his medicine and feels confident of controlling the misery without any outside help.

Why we should give Revolutionized Homoeopathy a real chance ?

If we agree that the results of Classical homoeopathy are not always as we could have liked, and most of us get frustrated when we look at their own achievement critically. in my views this method seems to have enough power and logical reasoning to try it.

A Case report

A case of a boy of 5, who was brought to me with severe attack of breathing difficulty. his mother explained that he had been suffering from bronchitis since the past one and half years and had been taking allopathic medicine. That afternoon he had developed the symptoms of dyspnoea. To go to the family doctor (Allopath) she needed the assistant of her husband who was not readily available. her husband told her on phone that due to official meeting it couldn't be possible for him to come back home. He suggested that she should show the child to Dr. Sehgal, if the attack wouldn't subside then they will take him to the family doctor.

Actually it was the boy who was keen to call the father back. As the whole position was explained to him the boy reconciled to the situation and he agreed to be managed in absence of his father.

VERSION	RUBRIC
As a matter of compromise he agreed to be looked after by his mother as she could it near him she sat for a while and than asked him if she is permitted to feed his younger brother. He said, "Yes, mummy don'ts worry about me you just go and feed him because he needs you more than me." Thereafter he didn't ask her to sit near him.	Recognizes the reality and accepts it

He lied closing his eyes. During the attack his friends with whom he plays everyday, came to play with him but he didn't gave attention to him, even he was aware that his friend was standing outside, he didn't bother to answer him. His mother asked him that his friend came to play with him, he replied, "I know, please tell him to go back".	Indifference lies with eyes closed
If his younger brother went near him to play very politely he asked his mother to take him away because he did not like to loose his comfort which he was getting while lying down-means he did not like to be disturbed.	Disturbed, averse to being
He did not eat anything for the whole day and when was asked to take something he just refused and told his mother not to ask him again if hungry he would himself ask for it.	Eat, refuses to Disturbed, averse to being
In the evening without any resistance, he accompanied his mother. They had to cover 2km from their house to my clinic on foot as they couldn't get any conveyance. His mother offered him to carry him but he refused and said, " You, would get tired mummy I will manage". She had offered him repeatedly to be carried by her but he refused every time saying that "Mother you would get tired"	Cares, worries full of others about
On reaching my clinic they found few people waiting, his mother requested others for out of turn approach to me as her son needed urgent attention at this stage the boy said," Mummy don't bother, we will have our own turn".	Reverence for those around him
When they entered the consultation room I offered the boy seat but he requested his mother to sit down as he felt she might	Anxiety, others about

His mother told me that in sickness his behavior becomes very mild and very easily he gets satisfied, in case he demands something and the parents don't fulfill it.

Without asking further Coccus Ind 30 , three doses was prescribed, with instruction to report back after 3 hrs, but they didn't. In next morning his father came to me and told that the didn't expect the relief which his son got after the medicine. He told that by the time his son finished his third dose he vomited a lot of phlegm and after that went to sleep so we didn't feel the need to report. His father told that since morning the boy is absolutely normal. He was prescribed Placebo afterwards up to 2 months afterwards I asked them to stop medication. Since then he is normal and thereafter he don't come across the attack.

In the end it will not be out of place to mention that School of Revolutionized Homoeopathy is a Research Institute and Its aim is to overcome the limitations of Homoeopathy.

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