

Prescribing on the Basis of Jan Scholten's Method

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Brief Description about the author:

Jan Scholten was born on 23-12-1951 in The Netherlands. After finishing high school he studied chemistry and philosophy and had much interest in physics, mathematics and psychology. Later he managed a gallery for modern art. He graduated for his medical studies in 1983. Then he began to study acupuncture and homoeopathy, which he both concluded in 1985. Besides these Jan studied many other alternative medical methods, like orthomolecular medicine, herbalism and Bach remedies. Since 1985 he has a practice for classical homoeopathy in Utrecht, The Netherlands, where he works together with six other homoeopaths. Since 1987 he works as a teacher for the SHO, the Dutch homoeopathic school for doctors. Next to being a writer and a teacher, lecturing extensively all over the world, he is pioneer in researching new remedies and methods to apply homoeopathy. In 1993 he has written **“Homoeopathy and Minerals”**, which was very well received in the homoeopathic community and was followed by the vast **“Homoeopathy and the Elements”** in March 1996.

The subject of his new book is homoeopathy and the elements of the periodic system. The remedy pictures of almost all the elements of the periodic system are described. The periodic system is a table of all existing elements, the atoms, from Hydrogen to Radon, and of the radioactive elements, such as Uranium and Plutonium. The table has rows and columns in which the elements are grouped. A theory is developed about the use of the periodic system in homoeopathy. This theory shows that every row and every column has a specific theme. The seven rows are called series. The first series, the Hydrogen series, has the theme of coming into being. The second series, the Carbon series, has the theme of the development of the Ego. The third series, the Silicium series, shows the theme of relationships. The fourth series, the Iron series, covers the theme of work. The fifth series, the Silver series, has the theme of creativity. The sixth series, the Gold series, shows the theme of the king, the leader. Each series shows a development: the theme of the series is developed in eighteen stages. These stages, the columns, describe a development: starting a theme, rising, coming to a top, then declining again and in the end comes the loss.

In this theory every element can be described by the concepts of the series and the stage the element is in. A total picture is given of the periodic system as a spiral. Every wind of the spiral is a series or row. And every radiant is a stage or column. The spiral pictures the expanding consciousness: from the consciousness of the Ego in the beginning to that of a neighborhood, a village, a city, and a country and in the end the whole universe.

The summary of his thesis is given below for the readers.

Muriaticums

Muriaticums are related to mother. Mother is the symbol of nurturing as in the expression 'Mother Earth'. It includes mother in law, stepmother and foster mother also.

Carbonicums

Carbonicums are related to father. Father figure or authorities. They are looking for the meaning and value of life, work dignity etc.

Sulphuricums

Sulphuricums are related to life partner. Problems relating to partner or loved one. Love, harmony, beauty, clothes and exaggerated from of perfumes etc. There are two extremes; one side extremely neat and tidy, polished relating to clothing and the other side is untidy dirty and disorderly.

Phosphoricums

Phosphoricums are related to brother, sisters and friends. Problems relating to these relations are directly related to phosphoricums. With friends one communicates freely and learns.

Nitricums

Nitricums relate to enjoyment. Desire for enjoyment in life is the theme of nitricums.

Iodatums

Iodatums work very hard, restless and want freedom of movement. They continuously want to do something and in order to get their daily bread they work very hard.

Let us unite other elements with these to form a group:

Ammoniums

Theme: Resentment, rancour and grudge. Ammoniums have a lot of anger. They contain hydrogen, which have the theme of idealism. They think everything much nice but when they had been disappointed from society they become resentful.

Ammon Carb: Resentment to father

Ammon Mur: Resentment to mother

Ammon Phos: Resentment to friends, brothers and sisters

Ammon Sulph: Resentment to partner

Kaliums

They have a great sense of duty and responsibility. They are known as the 'Man of his own words'. They stick to the rules and principles. They work hard to support their family.

Kali Mur: The duty to be a good mother and take care of the family.

Kali Sulph: The duty to be good to one's partner. They will go through every adversity to save their married relation.

Kali Phos: They feel obliged to have lot of contacts. The theme is the duty to keep up their study and circle of friends.

Kali Iod: In Kali Iod the idea is that they have to do their duty to have a right to existence. They work hard more than is required and so when they retire their problems start because now they are free and have no work to do.

Ferrums

They stand for firmness solid stable and determination. As iron gates save the house from intruders like wise they are strong and firm. They have the delusion that others will push them away. But on the other side there is the element of compulsion and force.

Ferr. Mur: A firm mother, for good care and nurturing they have to be firm and strong.

Ferr. Sulph: Dictatorial partner to maintain their relationship and they wish that the relation should go according to them

Ferr. Phos: While relating to friends and brothers and sisters they stick firmly to the relation of friendship and brotherhood. With the idea of study and communication they force to study and learn.

Ferr Iod: The idea that they have to stand firm to be able to provide for themselves. They work firmly for long, long hours and would never give up a task.

Magnesiums

Fear to lose friends or family is the main theme. They react in two ways

1. Pacifism: Peace, hate, aggression, violence, aversion to quarrels etc.
2. Aggressive: They become violent and aggressive.

Mag Mur: Fear to loose care and attention of the mother.

Mag Carb: It has much to do with self-respect and dignity and self worth. The idea of aggression is detrimental to their self worth or necessary for self worth.

Mag Sulph: Fear to lose partner. He feels the partner will not love if he gets angry.

Mag Iod: They fight for the existence, and stop all quarrels in order to have the viable existence.

Natriums

Natrum Lacticum

A silent girl, impulsive little girl.

Girlish nature: They just walk up to any person to talk without thinking.

Impulsive towards girls: walks straight up to them to chat

A single relationship as girl: When they are little this is usually with the mother. They want to be with their mother all the time & they cannot bear to be separated even for a single moment. They don't want their mother to shut any door in the house.

Or it may be the case of mother who only wants one special relationship & that is with her little daughter.

Withdrawn Little girl: Situation may be that they didn't get enough attention as a child because the parents especially the mother didn't have enough time.

Playing with dolls <milk by, < changing child to bottle feeds from breast.

Natrium Phos

Theme: Communication is forbidden. They walk aroused with the secret, not to talk with others, carry the heavy burden of their secret. They have even the fear of telephone because they have to talk and think that they may not reveal the secret. Communication is, if at all, at very high level, refined and cultured discussion. They have to find solution to their problems at their own.

Final variations: he is lonely & depressed. He has no brother or friend or brother or friend had died, he goes his own way.

He may be quite open. Other people come to him for their problems but he never talks about his grief over the broken relationship, he doesn't talk about any other problem either.

Natrium Carb

Theme: *Graceful withdrawal* is a term that can be directly deduced from the group analysis. He would rather be alone in dignity than feeling denied by others. He holds on to his dignity in silence. There is no sense in getting angry because no body is taking any notice.

A typical mind rubric is '*Delusion division between himself & others*'

A variation of the theme is not having a father or being abandoned by father, ignored by father as if the father is dead Natrum is abandoned,

Carb is father.

Natrium Sulph

They stand alone in the matters of love or they are not allowed to experience it. They feel emotionally neglected.

The mind rubrics are '*Estranged from her family*' and '*Estranged from his wife*'. A lack of love can also lead to a lack of joy. They feel that joy in life is diminishing & gradually turn into depression which leads to the thoughts of suicide but their conscience forbids them to deny their family, their love, they can't make them suffer.

Mind rubric: Loathing life, must restrain herself to prevent doing injury to herself

Natrium Flour

Theme: *Many different contacts in order to belong.*

They are impulsive in their behavior and in contacts within the glamorous world. They want to belong & appreciated. They have impulsive sexual relations and are very quick in making sexual relations. (She goes to bed with him even when has just met him.)

Hidden sex, incest, because of taboo on sex subject. They cannot refuse to sex but they feel loneliness during coition & may cry afterwards.

Initially they may have sex relationship with one special person but later on goes from one to another but it aggravates the situation and leads to prostitution.

An abstract from Dr. Scholten's Explanation of Series and stages according to periodic table from his book "**Homoeopathy & Elements**"

1. **Hydrogen Series:** Being, Incarnation, Unity, Symbiosis, Conception & Unborn
2. **Carbon Series:** I "Who I am", Value, Meaning, Child, Body
3. **Silicium Series:** Family, Rotations, Home, Weight, Friends, and Teenagers
4. **Ferrum Series:** Talk, Trade, Profession, Village (Small area, everybody to know everybody), Youth Adulthood
5. **Silver Series:** Ideas, Art, Spokesman, Region, Country, Province, Voice, Hearing, Speech- to get ideas across, Hearing- to receive ideas, Middle age
6. **Gold Series:** Power, Leadership, Country, World, Eyes (the vision of a king)
7. **Uranium Series:** Invisible, Power, World, Intuition, Magic, Old age

Stage I

Simple doing duty

Impulsive showing your artistry

Impulsive showing your power

Medicines: Hydrogen, Lithium, Natrum, Kali, Rubidium, Caesium

Stage II

Observed in your job, Criticized in your ideas, Powerless leader

Medicines: Beryllium, Magnesium; Calcarea, Strontium, Baryta.

The feeling of being watched Adapting, giving in.

Stage III

Scanning possible jobs, Exploring, creativity, searching a leadership position

Medicines: Boron, Aluminium, Yttrium, and Lanthanum

Trying: They are at the stage where they try all sort of things.

Stage IV

Starting of official work, Starting of creative work, Starting as a manager

Medicines: Titanium, Zirconium, and Hafnium

The official start of the project but in halves i.e. one foot on board and the other still on the ground.

A definite choice has been made but may have a nervous breakdown before the start of job.

Stage V

Doubting if you can do your job

Doubting if you can do creative talents

Doubting if you can be a leader

Medicines: Vanadium, Niobium, Tantalum

They really don't have much faith in them. Having too many doubts in their abilities. They postpone their plans and they may fail at this stage also.

Alternating stage of mind but not changeability to another project.

Stage VI

Taking challenge of job, Taking challenge of art, taking challenge of power

Medicines: Chromium, Molybdenum, and Tungsten

No more hesitation they want to take the bull by horns, they will put everything at risk. No more delays, no postponement, the project has to be done.

Stage VII

Training in skills Training in creativity

Training in managing

Medicines: Manganum, Technetium, Rhenium

There is still a lot to be learned, they enjoy learning new skills and also like training other people, they are good teachers. All they need some more training and some extra skills. They can do their task

Stage VIII

Persevering: forcing work, forcing inspiration, and forcing power

Medicines: Ferrum, Ruthenium, Osmium.

Tendency to force themselves and others, once they have got it into their mind they tend to get very pushy. There is no more time for learning. There is too much work to be done 'Hero'

Stage IX

Last test for skill

Last test for performance, almost the leader

Medicines: Cobaltum, Rhodium, Iridium

Final signature only required. Success is in sight; the crown is within the reach now. Years of hard work are about to be rewarded. But they have a nervous break down at last movement.

Stage X

Obvious: Control of task, Performance, Leader

Medicines: Graphites, Silica, Niccolum, Palladium, Platina

They have achieved what they wanted to, they have reached at the top in their carrier, and they have won.

Balance is their strong point but their success may become their downfall, the main danger of leading to haughtiness.

All the elements in this stage are hard and unyielding. Diamond and graphites are the hardest elements on the earth. Platina is difficult to bend.

Stage XI

Preserve, Control

The task, The Art, The power.

Medicines: Cuprum, Argenticum, Aurum

The theme is holding on to which have been achieved, great sense of responsibility.

They know how to enjoy their success and to appreciate good things; they don't suffer from the feeling of suspicion or animosity. But they have to exert themselves to maintain present situation.

DD Stage X: No effort is needed to hold on to the situation, everything happens by itself.

Stage XII

Overdoing, repetition: of the routines, of the creatures, of the power

Medicines: Zincum, Cadmium, Mercurius.

Overdoing to maintain whatever they have achieved, they like to repeat the successful actions of the past. They fail to look deeper into present situation to see if there have been any changes that require a different approach.

Even they will vote against change in any form.

DD Stage XI: No threat from outside world, only to take care Stage XII Outside world poses threat is being attacked from all sides.

Stage XIII

Retire to: Old routines, Old arts, Neglecting; Old way of managing

Medicines: Gallium, Iridium, and Thallium

They keep repeating the old Medicines, they keep treading the same worn out, hollow path, the path has etched itself deep in to the ground. They are stubborn, thinking they know better than all those new people.

DD Stage XII. In spite of threat from outside world still has the feeling, they should keep things intact.

Stage XIII. Feeling of powerlessness starts to prevail, they cannot maintain their position, have to withdraw to the smaller.

Stage XVI

Formal, discarded, Work, Ideas/creations Power (Diplomat)

Medicines: Germanium, Stannum, Plumbum.

They are for, the show but their real role has come to an end, only the outer form

Stage XV

Loss of: Job, Honor, and Leadership

Medicines: Nitrogen, Phosphorus, Arsenic, Antimony, and Bismuth

The power has gone, they no longer keep up the facade either, everybody knows it all over, and they are very hurt.

DD Stage XIV: Keeps up the appearance.

Stage XV: It really is all over. Refusal to believe or surrender

Stage XVI

Neglecting, Your work, your power

Medicines: Oxygen, Sulphur, Selenium, Tellurium, Polonium

Bored, indifferent, lazy

They don't have to bother about making an effort; all has been taken away from them.

All that is left are memories so they make up endless stories about things they used to do. Those days of glory.

But they still lie in hope, they like parties, look for diversions through music, dance and alcohol.

DD Stage XV: In process of losing everything.

Stage XVI: Everything is lost nothing is left but memories.

Stage XVII

Letting go off: Work, Culture, Power

Medicines: Fluorine, chlorine Bromium, Iodum, Astatium

Letting go is often accompanied by the feeling of pain, disappointment, sadness, guilt but if they realize the situation the letting go will be painless. The opposite of letting may be holding on, they simply cannot let go or must not like holding on when they are about to die.

DD Stage XVI: They can still dream about past

Sage XVII: Even the thoughts of the past to be idealized.

Stage XVIII

Freedom from work, Performance, Power

Medicines: Helium, Neon, Argon, Krypton, Xenon, Radon

They feel free and are without any ties. They don't have any more responsibilities; they go in retreat, in a monastery or a sacred place. Meditation, wrapped in protective covering, in this safe place. They are able to find themselves.

DD Stage XVII: He is not really free yet.

Stage XVIII: Total freedom; no more ties: Like Opium, Cannabis Indica.

References

To understand **Jan Scholten's** thesis it is hereby recommended that one should go through his books:

1. Homoeopathy & Minerals
2. Homoeopathy & Elements